



Testimonial Form

I would like to thank you for taking the time to provide a testimonial. This will be very helpful for letting others know exactly what I do as a Health Coach and how I can specifically provide them the support they need to reach their own goals.

Below you will find some fill in the blank questions to guide you in writing your testimonial. Don't worry about completing all of them or giving the "perfect answer." Just respond to the questions that truly resonate with you, be as open and honest as possible, and have fun sharing your experience!

1. My top three goals upon starting the 6-month program were

---

---

---

---

2. My coach was able to help me work toward these goals by

---

---

---

---

3. The biggest tangible change I have noticed since beginning the program has been

---

---

---

---

4. The most significant overall change I have noticed has been

---

---

---

---

5. I would describe my coach as

---

---

---

---

6. I would recommend my coach to

---

---

---

---



Testimonial Form

7. Other comments and feedback:

---

---

---

---

8. Can I state your first name and use your testimonial on my website and other marketing materials?

---